

**PARTICIPATION IN PURE SPIN CYCLE ACTIVITY AND USE OF FACILITY AND  
PERSONAL PROPERTY  
WAIVER/RELEASE**

**LIABILITY RELEASE**

In consideration of the acceptance of my application for the above activity, I hereby waive, release and discharge any and all claims for damages for death, personal injury or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This release is intended to discharge in advance PURE SPIN CYCLE, their officers, employees, agents or volunteers from liability, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. It is fully understood that Spin Cycle classes and exercise activity involve risks and dangers of serious bodily injury, including permanent disability and Death, and knowing those risks, I hereby assume those risks.

I hereby acknowledge that I am over the age of 18 and that I am in good health and do not have any medical conditions which would prevent me from being able to attend or participated in a spin class at Pure Spine Cycling Studio. I understand that it is my responsibility to consult with a physician to determine my fitness level. I understand that I can stop the activity at any time and that it is my responsibility to do so if I feel that I am not well or may become sick or injured due to the activity. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. In the event that I file a law suit despite my waiver I agree that the venue for said law suit shall be in Cumberland County, Tennessee.

**PARTICIPANT CONSENT**

I \_\_\_\_\_ consent to participate in the above activity, and I execute the above liability release.

**READ BEFORE SIGNING**

I have read and understand the foregoing liability release and waiver form and agree to all of its terms and conditions.

\_\_\_\_\_

*(date)*

\_\_\_\_\_

*(signature)*

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_